



Women's Basketball League FAQ's



1. Can I bring in a whole team?

No, in an effort to keep things fair we do not allow whole teams to sign up together at this time. However, you can sign up as a group of three, pair, or sign up as a free agent. See registration sheet for details.

2. How many people will I have on my team?

A team will never have more than 10 players on its roster.

3. Can I bring in a new player if someone on my team gets hurt?

If a player gets injured the team captain can alert the sports staff and a decision will be made as to whether or not a team may be able to replace an injured player. Replacement players will come from the waiting list.

4. How many players must be present at game time to avoid a forfeit?

You need at least 3 players from your official roster to play an official game. If a team is short players they may pick up players from another team in the league not to exceed 5 total players.
(Example: if you have 4 players you may pick up only 1 player to get to 5 total players)

5. How many games do we get to play?

You are guaranteed 7-8 games or more if you make it all the way to the championship game.

6. How much does it cost to play?

Free agents are \$75. Pair is \$140. Group of 3 is \$200.

Please see registration form for complete cost breakdown:

7. What does my league fee cover?

League fees cover all costs related to the league including refs, scorekeeper and statistician.

8. Do I have to purchase a Shepherd Sports jersey or can I bring my own?

All players are required to wear a Shepherd Sports jersey at every league game. Cost is \$20 per jersey and the players get to keep the jersey. Opposing team is awarded two points for every player not wearing the current Shepherd Sports jersey.

9. Where are the games played?

All games are played at Shepherd of the Hills Gym in the Family Life Center.

10. What time are the games played?

Game times vary from week to week starting as early as 6pm or as late as 9pm.

11. What night are games played?

Games are currently played on Thursday nights.

12. What do I wear?

Non marking athletic shoes are required. Basketball shoes are recommended. Shorts need to be at least mid thigh in length. Athletic pants are allowed. T-shirts, tank tops and sports bras can be worn under the uniforms. NO JEWELRY OR HAIR CLIPS!

13. How many seasons do you offer?

We offer 3 seasons of Women's Basketball throughout the year:

- *Winter League* runs from January through March
- *Summer League* runs from May through July
- *Fall League* runs from September through November

14. What happens on Skills Assessment Day (SAD)?

All players are evaluated through a series of drills and scrimmages in order to ensure that the teams are made equally. It is not a try out. All players will make a team if space allows.

15. Who makes the teams?

Shepherd Sports staff makes the teams after SAD.