



Men's Flag Football FAQ's

- 1. How do I sign up to play?**

There are two ways to sign up:

Free Agent - Free Agents must sign up online on the Shepherd Sports website.

Group of 6 - You may bring in a group of 6 and be guaranteed that you will all be placed on the same team together. However, to bring in a group of 6 you need to have a Shepherd Sports approved captain. To bring in a group of 6 you need to contact Matt to sign up and get captain approved. We can only take 10 groups of 6.
- 2. Can I bring in a whole team?**

Not at this time.
- 3. How many games do we get to play?**

You are guaranteed 7-9 regular season games. Teams that qualify will advance to the playoffs for a chance to win the ever so popular Championship Shirts and play 1 or 2 more games.
- 3. How much does it cost to play?**

1) Free agent \$75 2) Register as a group of 6: \$400

*All players are required to purchase the new Shepherd Sports Football Jerseys. You will get a high quality home and away jersey set for \$25. This is a one time fee and the jerseys are yours to keep for all future season of Shepherd Sports Flag Football.
- 4. What does my league fee cover?**

The league fee covers the field use, referees, game balls, statistician, and a great time!
- 5. How people are placed on a team?**

Anywhere from 10 - 12 players will be considered a full team.
- 6. How many players on the field at one time?**

We run a 5 on 5 passing only league. Five players are allowed on each side of the ball. The offense may use a 6th man as a "center only" position. The "center only" will hike the ball and then kneel down out of the way.
- 7. Where are the games played?**

We have been blessed with one of the nicest fields in the valley- LAB's turf field in North Hills.
- 8. When are the games played?**

Games are played on Saturday from 9am-3pm. Your game time will rotate every week.
- 9. Do I have to go through the Combine?**

All Free Agents must go through the Combine. If you sign up in a group of 6 you do not have to go through the combine.
- 10. What is Combine Day?**

At Combine day all Free Agents will go through a series of drills. The league captains will be at combine day watching to see who they want to pick up during the draft. If you miss Combine Day you will loss your spot and it will be given to someone on the waiting list. Plan ahead.
- 11. What? There's a draft?**

Yes. Draft night will be a couple days after the combine. Only league captains will be present for draft night. Free agents need not show up. The league captains will draft the remaining 4-6 players to complete their team.

12. Can I wear cleats or spikes?

Football cleats are recommended. We do not allow metal spikes for safety reasons.

13. How big is the field?

Field will be 80 yards long by 30 yards wide including 10 yard end zones.

14. What is the waiting list?

Once the Free Agent registrations are at capacity we will start a waiting list. All players on the waiting list will need to come to combine day at noon. If there are any available spots they can go through the combine and get in the league. Waiting list players will only get into the league if a pre-registered Free Agent misses combine day.

15. What ball do we use?

You may use your own ball (NFL or College size. No nerf balls.) Shepherd Sports will have ball available to use if you do not have your own ball.

16. How many seasons do you offer?

We offer 2 seasons of Flag Football throughout the year.

- a. *Fall League* runs from Sept-Dec
- b. *Spring League* runs from March-June